

We claim:

1. A surgical chair comprising:
  - a frame;
  - a seat attached to said frame;
  - a face-rest attached to said frame;
  - a chest-pad attached to said frame at a position between said seat and said face-rest, said seat, face-rest and chest-pad mounted on said frame such that when a patient sits in said seat and said patient's face rests in said face-rest then at least a desired portion of said patient's spine is presented in an ergonomic manner to a medical professional so that said professional can perform a procedure on said spine.
2. The chair according to claim 1 wherein said seat and said face-rest are adjustable.
3. The chair according to claim 1 wherein said chair further comprises at least one knee-pad attached to said frame for receiving said patient's knees when said patient is seated.
4. The chair according to claim 3 wherein the knee-pads are removable.
5. The chair according to claim 3 wherein the knee-pads are adjustable.
6. The chair according to claim 3 wherein said frame supports said seat, face-rest, chest-pad and knee-pads such that said patient can slide sideways into a seated position within said chair without raising his or her leg over same frame.
7. The chair according to claim 1 wherein said chair further comprises an arm rest.

8. The chair according to claim 6 wherein said arm rest is adjustable to allow said patient's arms to be positioned at substantially the same height as said patient's chest.
9. The chair according to claim 1 wherein said face rest is donut shaped to support the periphery of said patient's face while providing a pathway for breathing through a centre of said donut shape.
10. The chair according to claim 1 wherein said desired portion is said patient's lumbosacral spine.
11. The chair according to claim 1 wherein at least a portion thereof is made from a radioluscent material.
12. A prepackaged sterile tray of parts for use in performing a spinal catheter insertion comprising a lumbar puncture tray, a separate spinal catheter tray, and separate collection of gauze sponges, iodine solution, sutures, needle holders, and scissors.
13. A spinal catheter having a narrow end for insertion into a lumbar puncture and a waist at a predetermined distance from said narrow end, said waist being wider than said narrow end such that said waist provides a seal between an exterior of said catheter and said puncture.